

13. 다음 글을 읽고, 내용과 일치하는 것을 고르시오.

We began helping in the kitchen when we each turned three years old. We're sure that, at that age, we were more of a hindrance than help, but because our mom thought cooking was a good learning tool, she tolerated all of the mess that we made. Of course, we didn't care about any of that learning stuff, we just thought it was fun, and we still do. We learned to cook through trial and many errors. We can't tell you how many times we have dropped eggs on the floor, coated the kitchen in flour, or boiled things over on the stove. The point is, if there is a mistake that could be made, we have made it. But as our mom always says, mistakes are the best teachers. Through those mistakes we have learned what works and definitely what doesn't.

- ① 우리가 어릴 때 한 실수를 부모님은 참지 못했다.
- ② 우리는 어릴 때 주방에서 했던 일들은 배워야 했기에 한 것이었다.
- ③ 우리는 많은 시행착오를 통해 배웠다.
- ④ 실수는 하지 않는 것이 좋다.
- ⑤ 실수를 하지 않아도 효과가 있는 것을 알 수 있었다.

14. 다음 글을 읽고, 내용과 일치하지 않는 것을 고르시오.

Much has been written and said about positive self-talk - for example, repeating to ourselves "I am wonderful" when we feel down, "I am strong" when going through a difficult time, or "I am getting better every day in every way" each morning in front of the mirror. The evidence that this sort of pep talk works is weak, and there are psychologists who suggest that it can actually hurt more than it can help. Little, unfortunately, has been written about real self-talk, acknowledging honestly what we are feeling at a given point. When feeling down, saying "I am really sad" or "I feel so torn" - to ourselves or to someone we trust - is much more helpful than declaring "I am tough" or "I am happy."

- ① 자신에게 긍정적인 말을 하는 것에 관한 많은 글이 있다.
- ② 긍정적인 격려의 말이 효과가 있다는 증거는 거의 없다.
- ③ 긍정적인 격려의 말이 해가 되지는 않는다.
- ④ 느낌을 솔직하게 말하는 것에 대한 연구는 거의 없다.
- ⑤ 믿을 수 있는 사람에게 느낌을 솔직하게 말하는 것이 도움이 된다.

15. 다음 글을 읽고, 내용과 일치하지 않는 것을 고르시오.

Patricia is eager to be the best mom she can be, but she finds parenting a hard task. Here's how she put it: "Just when I think I have it down, then something changes, and I have to make major adjustments. Parenting well feels like a moving target." Patricia is correct. In fact, much research has been done on the developmental stages of childhood. Babies learn to sit up, then crawl, and finally walk. Kids have a greater ability to reason as they get older, and logic makes sense as they move further into preadolescence. A logical implication of these developmental changes is that parents will need to make parenting shifts along the way. In other words, the one strategy to keep in mind as your children grow and changes is that you must also change to meet their new developmental needs and abilities.

- ① Patricia는 양육이 어렵다는 것을 알았다.
- ② 양육을 하는 환경은 수시로 변하기 때문에 양육을 하는 방법도 바뀌어야 한다.
- ③ 아이들은 발달하면서 사춘기 이후 논리를 발달시킨다.
- ④ 아이의 발달상의 변화가 양육 방법의 변화를 필요로 한다.
- ⑤ 올바른 양육 방법의 변화가 아이의 새로운 발달상의 필요와 능력을 충족시킨다.

16. 다음 글을 읽고, 내용과 일치하지 않는 것을 고르시오.

Think back to when you were a kid. How did you play? How did using your imagination make you feel? Being imaginative gives us feelings of happiness and adds excitement to our lives. It's time to get back to those emotions. If you can return to the joyful feelings that you had through play, you'll find that you feel happier about yourself. You can use your imagination to write books or invent something. There is no end to how creative you can be when you move into your imagination. It will also keep you focused on completing the tasks at hand because imagination makes everyday tasks more interesting.

- ① 풍부한 상상력은 우리를 행복하게 해준다.
- ② 놀이를 통해 얻는 기쁜 감정들은 우리가 더 행복하다고 느끼게 해 준다.
- ③ 우리는 상상력을 활용해 쓰거나 발명을 할 수 있다.
- ④ 우리의 상상 속에서 창의력을 활용할 때 제한이 있다.
- ⑤ 상상력은 일상적인 과업을 흥미롭게 만들어준다.

17. 다음 글을 읽고, 내용과 일치하는 것을 고르시오.

A girl on a bicycle was hit by a car. As she was being rushed to the hospital in the ambulance, a pint of blood was given to her. Fortunately, the girl recovered from her injuries, but things could have been much different. What if the blood that she received had been infected with a deadly disease such as HIV? As one in every five people will need a blood transfusion sometime in their life, this is a pressing concern even though the risk of contracting a disease such as AIDS is practically negligible. Until the risk is zero, people will forever be concerned that the blood that they have received may have deadly diseases. But is it possible to have a zero risk for anything in this day and age?

- ① 소녀는 자신을 친 차에 의해 응급실로 옮겨졌다.
- ② 그녀가 수혈 받은 혈액은 HIV에 감염되어 있었다.
- ③ 수혈로 질병에 감염될 위험은 걱정할 필요가 없다.
- ④ 사람들은 혈액이 감염되어 있을 것이라고 걱정하지 않는다.
- ⑤ 수혈될 혈액이 감염되어 있지 않다는 것을 확신할 수 없다.

18. 다음 글을 읽고, 내용과 일치하지 않는 것을 고르시오.

The word natural appears in large letters across many cans and boxes of food. But this word sometimes gives shoppers false ideas about the food inside. Even though laws require that all food labels give truthful information, this does not always happen. The word “natural” has not been defined by the FDA, the agency in charge of food labels. So any food maker can use the word on a package. Even the worst junk food is certain to have something natural in it. So the makers of these foods can use “natural” on their packages. The FDA needs to modify its current policy on food labeling and make a law requiring the information on the package to reflect the actual contents.

- ① 많은 식품 포장에 자연산이라는 표현이 적혀있다.
- ② 자연산이라는 표현은 사람들에게 오해를 불러일으킨다.
- ③ FDA는 자연산이라는 표현에 대해 정의를 내렸다.
- ④ 정크푸드는 그 안에 천연 물질을 포함하고 있다.
- ⑤ FDA는 식품 성분 표시에 대한 정책과 법을 만들어야 한다.

19. 다음 글을 읽고, 내용과 일치하지 않는 것을 고르시오.

Stories assist us in developing empathy by helping us see the world from others’ perspectives, When I want to know how someone came to believe what she believes, I ask her to tell me a story to illustrate her point. When I hear enough stories, I come to realize the experiences that led her to draw a particular conclusion. When I was in graduate school, a researcher put two groups of people who had different opinions together in the same room. He didn’t ask them to argue their beliefs. He asked them to go around the circular table and tell stories about the life experiences that led them to come to the beliefs they had. No one changed their beliefs, but they left the room with a profoundly greater respect for the other side’s position - that there might be reasons to think differently than we do.

- ① 이야기는 공감 능력을 키우는데 도움이 된다.
- ② 요점만 들으면 어떤 사람의 믿음을 이해할 수 있다.
- ③ 두 집단의 연구 대상은 자신의 신념을 주장할 필요가 없었다.
- ④ 연구 과정에서 신념이 형성된 과정을 물었다.
- ⑤ 연구 결과, 각 집단은 상대 집단의 신념을 존중하고 되었다.

20. 다음 글을 읽고, 내용과 일치하지 않는 것을 고르시오.

It is important to keep in mind that your distribution of eggs may need to be a bit unbalanced at certain times. For example, when we have young children we may need more eggs in the family basket for a period of time out of necessity, or when we are involved in a large project t work that domain may take up a lot of time. Also a common pattern for many people is that when they enter a new love relationship they tend to put all or most of their eggs in that basket. This is okay for a while, but if it continues and the relationship breaks down that person may be surprised to find they have no support available from family or friends. This can make the pain of grieving the loss of the relationship even worse. Another example is when a man puts all of his efforts into work then feels lost when he retires. Hence, the old saying ‘Don’t put all your eggs in one basket.’

- ① 달걀은 어떠한 상황에도 균형을 이루는 것이 좋다.
- ② 가족, 직장, 연인 관계 등을 바구니로 비유할 수 있다.
- ③ 많은 사람들이 한 바구니에 대부분의 달걀을 담는 실수를 한다.
- ④ 빈 바구니에 의해 상실감을 느끼게 되는 경우가 있다.
- ⑤ 일에 모든 것을 쏟은 사람은 퇴직 후 상실감을 느낄 수 있다.

21. 다음 글을 읽고, 내용과 일치하지 않는 것을 고르시오.

Moral progress has not come easily for humanity. True progress can only be achieved when people treat one another as 'you,' in the second person, rather than as an enduring object, an 'it.' Only when we recognize the value and dignity of the 'other' whom we face, can we treat that person morally. For instance, black slaves in the south of the U.S. were treated as property, to be bought, sold, and used, rather than as unique centers of value. For humanity to progress, we have to try to cease treating one another as property or capital, or in any other way as means. Rather, we should treat each person as a 'you' deserving dignity and respect. Moral progress could come about if each person recognized that everyone else equally deserves to live a free, dignified life, and took steps towards that end.

- ① 인류에게 도덕적 발전은 쉬운 일이 아니다.
- ② 진정한 발전은 상대를 '너'로 대우할 때 일어난다.
- ③ 우리가 마주하는 다른 사람의 가치와 존엄성을 인정해야 한다.
- ④ 과거 미국에서 노예는 재산으로 대우받았다.
- ⑤ 도덕적 발전이 모든 사람이 자유롭게 존엄한 삶을 사는 것을 의미하지는 않는다.

22. 다음 글을 읽고, 내용과 일치하는 것을 고르시오.

Most of the research and literature on young people and body image has focused on adolescents. We now know that a negative body image frequently develops at a younger age than this. We often associate body dissatisfaction and eating problems with teenagers, but the roots of these difficulties can be traced back to an earlier time in childhood. Recent studies show that a negative body image often develops during the pre-teen years while children are still at primary school. Children are showing concerns over their physical appearance and body image at an increasingly young age. Education to tackle this problem has to begin in the primary school. Intervention programmes aimed at adolescents may be too late to prevent many young people from developing a negative body image with its associated eating problems, depression, low self-esteem and anxiety.

- ① 신체 이미지에 대한 연구는 모든 연령대에 집중한다.
- ② 신체 이미지 형성은 사춘기에 일어난다.
- ③ 신체 이미지에 대한 불만족은 십대의 식이장애가 원인이다.
- ④ 아이들은 사춘기 이전에 외모에 대해 신경을 쓴다.
- ⑤ 긍정적 신체 이미지를 위한 교육은 사춘기에 시행되는 것이 바람직하다.

23. 다음 글을 읽고, 내용과 일치하지 않는 것을 고르시오.

Children always love security, and they don't want to leave their friends, school and many other familiar things. If you're going to move to a different city, be prepared that your kids will probably experience trauma. So first, explain to them why you all need to move. Have them let their friends know that you all are leaving and give your children your new telephone number so that their old friends can contact them. E-mail is also a great way to stay connected. Next, have your children look up on the Internet the new city which you're moving to. Also, have your kids start packing some of their own things so they feel they're contributing. Lastly, assure them they'll meet new friends and soon their new place will feel like home.

- ① 아이들은 안정된 상태를 유지하고 싶어한다.
- ② 다른 도시로 이사갈 때 아이들은 트라우마를 경험할 수 있다.
- ③ 이사를 갈 때 아이들에게 이유를 설명해줘야 한다.
- ④ 연락을 위해서 이메일보다는 전화번호를 알려주는 것이 낫다.
- ⑤ 새로 이사가는 곳도 좋을 것이라고 확신시켜줘야 한다.

24. 다음 글을 읽고, 내용과 일치하지 않는 것을 고르시오.

The fact that many proverbs seem to contradict one another is an additional reason for regarding them as providing insufficient support for a claim. Look at the contradictory advice in the following pairs of proverbs: (1) “Two heads are better than one” and “Too many cooks spoil the broth.” (2) “Better safe than sorry” and “Nothing ventured, nothing gained.” (3) “Birds of a feather flock together” and “Opposites attract.” (4) “You’re never too old to learn” and “You can’t teach an old dog new tricks.” (5) “Absence makes the heart grow fonder” and “Out of sight, out of mind.” Proverbs are expressions of so-called popular wisdom, and the “wisdom” expressed in them can easily be contradicted by the “wisdom” expressed in others. Thus, you’d better remember that proverbs can’t be a universal truth which serves as sufficient support for any claim or course of action.

- ① 많은 속담들이 서로 모순되는 내용을 가지고 있다.
- ② 속담들은 그것이 주장하는 것에 대해 충분한 근거가 없다.
- ③ 속담은 소위 지혜에 관한 표현이다.
- ④ 속담에 나온 지혜는 절대적이므로 다른 지혜와 양립할 수 없다.
- ⑤ 속담은 그것의 주장에 대한 충분한 근거를 제공하는 보편적 진리가 될 수 없다.

25 다음 글을 읽고, 내용과 일치하지 않는 것을 고르시오.

In some sense, tea played a life-changing role for herdsmen and hunters after it spread to China’s grasslands and pasture lands. It is often said that people make a living according to given circumstances. On high mountains and grasslands in the northwest part of China, a large quantity of cattle, sheep, camels, and horses are raised. The milk and meat provide people with much fat and protein but few vitamins. Tea, therefore, supplements the basic needs of the nomadic tribes, whose diet lacks vegetables. Therefore, the herdsmen from the Qinghai-Tibet Plateau, the Xinjiang and Inner Mongolia autonomous regions follow the tea culture system in which they drink tea with milk. And they make milky tea the most precious thing for the people in the northwest part of China.

- ① 차는 중국의 목동과 사냥꾼들에게 큰 영향을 끼쳤다.
- ② 중국 북서부의 산악지대에 초원지대에는 많은 동물이 사육된다.
- ③ 가축으로부터 나오는 음식물은 지방, 단백질, 탄수화물 및 비타민을 다량 포함하고 있다.
- ④ 이들의 식단에는 채소가 부족한 편이다.
- ⑤ 유목민들은 우유에 채소를 넣어 밀크티를 만들어 마셨다.

26 다음 글을 읽고, 내용과 일치하지 않는 것을 고르시오.

Poetry sharpens our senses and makes us more keenly and fully aware of life. Imagine, for a moment, that you are trying to describe one of your friends. You could say the friend is tall, has blue eyes, a mole on the left cheek, or a red nose. But that would only describe the outside of this person. It wouldn’t tell people what your friend is really like - the habits, feelings, all the little peculiarities that make this person what he or she is and different from everyone else. You would find it very difficult indeed to describe the inside of your friend, even though you feel you know such a great friend through and through. Now good poetry does describe life in that way; it tells us about its inside as well as its outside, and thus it helps you to know and love the world as intimately as you know and love a friend.

- ① 시는 우리에게 삶을 완전하게 인식하는 것을 도와준다.
- ② 주변 사람을 묘사할 때 외모를 묘사하는 것은 쉽다.
- ③ 외모 묘사로는 그 대상의 내면을 나타내기 어렵다.
- ④ 시 또한 삶의 세상의 내면을 나타내는 것은 어렵다.
- ⑤ 친구를 이해하는 것처럼 시를 통해 세상을 깊이 이해할 수 있다.

27 다음 글을 읽고, 내용과 일치하는 것을 고르시오.

Each spring in North America, the early morning hours are filled with the sweet sounds of songbirds, such as sparrows and robins. While it may seem like these birds are simply singing songs, many are in the middle of an intense competition for territories. For many birds, this struggle could ultimately decide whom they mate with and if they ever raise a family. When the birds return from their winter feeding grounds, the males usually arrive first. Older, more dominant males will reclaim their old territories: a tree, a shrub, or even a window ledge. Younger males will try to challenge the older ones for space by mimicking the song that the older males are singing. The birds that can sing the loudest and the longest usually wind up with the best territories.

- ① 북미에서는 언제든지 새들의 노랫소리를 들을 수 있다.
- ② 새들은 영역 싸움도 하지만, 단순히 노래만 부르기도 한다.
- ③ 새들은 노래를 통해 영역 싸움을 위한 경쟁만 한다.
- ④ 철새가 돌아오면 새로운 영역을 찾는데 집중한다.
- ⑤ 노래의 크기와 길이를 통해 경쟁의 승자가 결정된다.

28 다음 글을 읽고, 내용과 일치하는 것을 고르시오.

A bridge is normally constructed to last one hundred years in a natural or manmade environment. Its presence makes a lasting mark that shows the evolution of society. It should, then, be an agreeable addition to the local environment. Therefore, one of the first qualities a bridge must exhibit concerns how it harmonizes with its surroundings. It must not upset the balance of the environment; it must either adapt to or indeed reinforce this balance. Depending on the type of bridge and the site, it is subordinate to the surroundings, or it makes a strong statement. In the latter case the bridge must possess an intrinsic beauty that works within its surroundings. It is not acceptable to create a bridge that is spectacular in itself but spoils its local environment.

- ① 다리는 자연적인 환경에서만 수백 년간 지속될 수 있다.
- ② 다리는 지역의 환경과 조화를 이루어야 한다.
- ③ 다리의 건설을 통해 환경의 새로운 균형을 만들 수 있다.
- ④ 다리는 외적으로 아름다워야 한다.
- ⑤ 아름답지만 하면 지역의 환경과의 조화는 고려할 필요가 없다.

29 다음 글을 읽고, 내용과 일치하는 것을 고르시오.

Deviant behavior is an integral part of all healthy societies. In the presence of deviant behavior, a social groups becomes united in its response. In other words, opposition to deviant behavior creates opportunities for cooperation essential to the survival of any group. When social life moves along normally, people take one another and the meaning of their social interdependence for granted. A deviant act, however, reawakens their group attachments and loyalties because it represents a threat to the moral order of the group. The deviant act focuses people's attention on the value of the group. Perceiving itself under pressure, the group marshals its forces to protect itself and preserve its existence. Deviance also offers society's members an opportunity to rededicate themselves to their society's forms of social controls.

- ① 일탈 행위는 사회에 필요하지 않은 부분이다.
- ② 일탈 행위로 인해 사회 집단에 분열이 일어난다.
- ③ 일탈 행위를 하기 위해서 사람들은 협동을 한다.
- ④ 일탈로 인해 집단의 구성원들은 반목과 멸시를 하게 된다.
- ⑤ 일탈 행위로 인한 집단 압박은 집단의 응집성을 강화한다.

30 다음 글을 읽고, 내용과 일치하지 않는 것을 고르시오.

They say it's the spaces between the notes that make the music, and the pauses between sentences that make the speech. Perhaps it can also be said that it's the silence in between the noise of the world that makes our life worth living. Sirens, cars, horns, construction, radios, television, and people all contribute to the constant noise that fills our ears and minds with a bombardment of stimuli. Many days the noise doesn't stop. Yet the energy of silence waits for that brief moment when the door shuts and the noise stops. Underneath the noise of all things is the silence of everything. Within the silence sits the energy to recharge our batteries - to refuel our tired lives, to help us create. All we have to do is tap into it and embrace it.

- ① 음악과 문장들 간에는 선간과 휴지가 있다.
- ② 시끄러운 가운데 있는 고요함이 우리의 삶을 가치 있게 만든다.
- ③ 귀와 정신을 자극하는 소리는 우리에게 활력소가 된다.
- ④ 고요한 상황에서 우리는 스스로를 재충전할 수 있다.
- ⑤ 고요함을 받아들이는 것은 우리의 삶에 긍정적인 영향을 미칠 수 있다.

31 다음 글을 읽고, 내용과 일치하지 않는 것을 고르시오.

Like a muscle, willpower has limited capacity, and when exercised extensively it can become worn out. Also like a muscle, the primary fuel your brain uses to exercise willpower is sugar from your blood. So when your blood sugar is low (i.e., when you're hungry, which when you're dieting is pretty much all the time), your willpower is weaker than every, and the only way to fix it is to eat. You can see the difficulty this can cause when you're making food decisions. Throwing exercise into the equation - something dieters use to intentionally burn more calories (i.e., use more blood sugar) - only makes things more problematic. Baumeister and Tierney call it a nutritional catch-22: the less you eat and the more you exercise, the less likely you will be to make good food decisions in the end and maintain your weight loss.

- ① 의지력은 근육과 비슷한 여러 특징이 있다.
- ② 의지력을 발휘하기 위해서는 혈당이 필요하다.
- ③ 혈당이 낮아 허기를 느낄 때는 의지력이 약해질 수 있다.
- ④ 식사를 통해 의지력이 약해지는 문제를 해결 할 수 있다.
- ⑤ 소식과 운동을 많이 함으로써 체중을 감량할 수 있다.